

# Walk-In Care Vs. Emergency Care

## The *Right* Choice Makes a Difference

### When to Use WALK-IN CARE?

Convenient Care offers patients health care for minor, non-emergent injuries and illnesses. Some of the benefits that come with Convenient Care include:

- Appointment-Free
- Economical
- Short Wait Times
- Convenient Hours
- Access to Basic Laboratory Testing and X-Rays

#### Conditions Treated at Convenient Care:

- Allergies
- Athlete's Foot and Ring Worm
- Bladder Infections
- Bug Bite
- Cold Sores
- Conjunctivitis (Pink Eye)
- Coughs and Congestion (Cold Symptoms)
- Diarrhea
- Earaches
- Fever
- Minor Cuts (That May Need a Few Stitches)
- Minor Injuries
- Mild Vomiting/Flu Symptoms
- Physicals
- Rashes (Poison Ivy, etc.)
- Sinus Infections
- Sore Throat (Strep Testing Available)
- And More

*Note: If greater care is needed, our staff will direct patients to the appropriate healthcare provider. In a true emergency, we will transfer patients directly to the ER.*



(815) 223-6843  
M - F: 8am - 9pm  
Weekends/Holidays: 9am - 1pm  
1650 Midtown Road | Peru



(815) 915-8748  
M - F: 8am - 9pm | Sat: 9am - 2pm  
1916 North Main Street  
Princeton

### What is Considered an EMERGENCY?

When you need immediate medical treatment for serious illnesses and injuries, **CALL 911**. Symptoms that require Emergency Care include:

#### Symptoms of a Heart Attack:

- Chest Discomfort
- Discomfort in Other Areas of the Upper Body (Such as in One or Both Arms, the Back, Neck, Jaw, or Stomach)
- Shortness of Breath
- Other Signs May Include Breaking Out in a Cold Sweat, Nausea, or Lightheadedness



#### Symptoms of a Stroke:

- Drooping or Numbness of One Side of the Face
- Weakness in One Arm
- Speech Difficulty or Slurred Speech

#### Other Urgent Symptoms:

- Severe/Sudden Onset of Headache
- Severe Abdominal Pain
- Difficulty Walking
- Head, Neck, or Back Injury
- Fracture
- Deep or Large Wound
- Large Burn
- Poisoning
- Pregnancy-Related Problem
- Convulsions or Seizure
- Coughing Up or Vomiting Blood
- Sudden or Unexplained Loss or Altered State of Consciousness
- High Fever with Stiff Neck, Mental Confusion, or Difficulty Breathing
- Infants Under 8 Weeks with a Fever



600 East First Street | Spring Valley

[aboutsmh.org](http://aboutsmh.org)

